



# Items That Meet the Criteria for Vended Food

For Vendors

**Food vending machines must emphasize:**  
whole grains, fruits and vegetables, and low fat dairy.

## Criteria for Food Items (as offered):

- Calories: 200 or less
- Fat: 35% or less of total calories from fat
- Trans Fat: 0g
- Saturated Fat: 10% or less of total calories from saturated fat
- Sugar: 35% or less of the total weight
- Sodium: 480mg or less



## The following items may not meet the guidelines but are still acceptable:

trail mix, nuts, seeds, nut or seed butters, dried fruit (without chocolate or yogurt coatings), fruit packed in natural juices (no syrup-packed selections), whole grain crackers (whole grain is listed first in the ingredient list), low fat cheese, baked chips, pretzels, sugar free gum or mints.

| ITEM NAME                      | MANUFACTURER      | CATEGORY   |
|--------------------------------|-------------------|------------|
| Bunny Grahams (Chocolate Chip) | Annie's Homegrown | 1 oz (28g) |
| Bunny Grahams (Honey)          | Annie's Homegrown | 1 oz (28g) |
| Power Snacks Raisins           | Azar Nut Co.      | 1 oz (28g) |

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|---|-------------------------|---------------------|
| Animal Snackers                         | Basil's Bavarian Bakery | 1 oz (28g)          |
| Raisins                                 | Boghosian               | 1.5 oz (42g)        |
| YoCrunch Yogurt (Raspberry)             | Breyers                 | 6 oz (170g)         |
| YoCrunch Yogurt (Strawberry)            | Breyers                 | 6 oz (170g)         |
| Yogurt (Strawberry)                     | Chobani                 | 6 oz (170g)         |
| Yogurt (Strawberry)                     | Chobani                 | 6 oz (170g)         |
| Yogurt (Blueberry)                      | Chobani                 | 6 oz (170g)         |
| Yogurt (Peach)                          | Chobani                 | 6 oz (170g)         |
| ZBAR (Chocolate Chip)                   | CLIF                    | 1.27 oz (36g)       |
| ZBAR (Chocolate Brownie)                | CLIF                    | 1.27 oz (36g)       |
| Minute Maid Juice Bar (Grape)           | Coca-Cola               | 2.25 fl oz (66.54g) |
| Snack Pack Fat Free Pudding (Vanilla)   | ConAgra                 | 3.5 oz (99g)        |
| Snack Pack Fat Free Pudding (Chocolate) | ConAgra                 | 3.5 oz (99g)        |
| Sunflower (Honey Roasted)               | Dakota Gourmet          | 1 oz 28.4g          |
| Sunflower (Lightly Salted)              | Dakota Gourmet          | 1 oz 28.4g          |
| Skinny Cow (Low Fat Fudge Bar)          | Dreyer's                | 74g                 |
| Baked Lay's (Barbecue)                  | Frito-Lay               | 7/8 oz (24.8g)      |
| Baked Lay's (Barbecue)                  | Frito-Lay               | 1 1/18 oz (31.8g)   |
| Baked Lay's (Sour Cream & Onion)        | Frito-Lay               | 1 1/8 oz (31.8g)    |
| Baked Lay's (Sour Cream & Onion)        | Frito-Lay               | 1 3/8 oz (38.9g)    |
| Baked Lay's (Southwestern Ranch)        | Frito-Lay               | 1 oz (28.3g)        |
| Baked Ruffles                           | Frito-Lay               | 1 1/8 oz (31.8g)    |
| Baked Ruffles (Cheddar & Sour Cream)    | Frito-Lay               | 1 1/8 oz (31.8g)    |
| Baked Lay's Potato Chips                | Frito-Lay               | 1 1/8 oz (31.8g)    |
| Lay's Potato Chips (Original Fat Free)  | Frito-Lay               | 1 oz (28.3g)        |
| Rold Gold Tiny Twists Pretzels          | Frito-Lay               | 1 oz (28.3g)        |



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|---|-----------------|-----------------|
| Rold Gold Tiny Twists Pretzels                    | Frito-Lay       | .5 oz (14.1g)   |
| Cheerios (Bowl)                                   | General Mills   | 11/16 oz (19g)  |
| Cheerios (Honey Nut, Bowl)                        | General Mills   | 1 oz (28g)      |
| Nature Valley Crunchy Granola Bar (Oats 'N Honey) | General Mills   | 1.5 oz (42g)    |
| Nature Valley Granola Bar (Oats 'n Honey)         | General Mills   | 1.5 oz (42g)    |
| Nature Valley Granola Bar (Apple Crisp)           | General Mills   | 1.5 oz (42g)    |
| Team Cheerios Cereal Bar (Strawberry)             | General Mills   | 1.3 oz (37g)    |
| Total Cereal (Bowl)                               | General Mills   | 13/16 oz (23g)  |
| Ice Cream Cup (Raspberry Sherbet)                 | Hood            | (90g)           |
| Crisp Rice Cereal (bowl)                          | Hospitality     | 3/4 oz (21g)    |
| Kettle Corn                                       | Indiana Popcorn | 1 oz            |
| Luigi's Real Italian Ice (Lemon)                  | J&J Snack Foods | 4 fl oz (118mL) |
| Luigi's Real Italian Ice (Strawberry)             | J&J Snack Foods | 4 fl oz (118mL) |
| Heart to Heart (Box)                              | Kashi           | 1.4 oz (40g)    |
| TLC Bar (Cherry Dark Chocolate)                   | Kashi           | 1.2 oz (35g)    |
| TLC Fruit & Grain (Dark Chocolate Coconut)        | Kashi           | 1.1 oz          |
| TLC Fruit & Grain (Pumpkin Pie)                   | Kashi           | 1.1 oz          |
| Austin Zoo Animal Crackers                        | Kellogg         | 1 oz (28g)      |
| Cheez-it Baked Snack Crackers (Reduced Fat)       | Kellogg         | 1.5 oz (42g)    |
| Corn Flakes (Box)                                 | Kellogg         | .81 oz (23g)    |
| Nutri-Grain Cereal Bar (Apple Cinnamon)           | Kellogg         | 1.3 oz (37g)    |
| Nutri-Grain Cereal Bar (Blueberry)                | Kellogg         | 1.3 oz (37g)    |
| Nutri-Grain Cereal Bar (Raspberry)                | Kellogg         | 1.3 oz (37g)    |
| Nutri-Grain Cereal Bar (Strawberry)               | Kellogg         | 1.3 oz (37g)    |
| Nutri-Grain Cereal Bar (Yogurt Strawberry)        | Kellogg         | 1.3 oz (37g)    |
| Raisin Bran (Box)                                 | Kellogg         | .88 oz (25g)    |

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Criteria for Vended Food *continued*

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| Rice Krispies (Box)                                | Kellogg         | 1.52 oz (43g)     |
| Rice Krispies Treats                               | Kellogg         | 1.7 oz (48g)      |
| Rice Krispies Treats                               | Kellogg         | 1.3 oz (37g)      |
| Special K (Box)                                    | Kellogg         | .81 oz (23g)      |
| Special K Bar (Honey Nut)                          | Kellogg         | .77 oz (22g)      |
| Crispy Rice (Bowl)                                 | Malt-O-Meal     | .63 oz (17.7g)    |
| Toasty O's   | Malt-O-Meal     | 1 1/16 oz (19.5g) |
| Cheese Nips (100 Calorie Packs)                    | Nabisco         | .74 oz (21g)      |
| Chips Ahoy Thin Crisps (100 Calorie Pack)          | Nabisco         | .81 oz (23g)      |
| Honey Maid Grahams (Cinnamon Sticks)               | Nabisco         | 1 oz (28g)        |
| Newton's Fruit Crisp (Mixed Berry)                 | Nabisco         | 1 oz (28g)        |
| Oreo Thin Crisps (100 calorie pack)                | Nabisco         | .81 oz (23g)      |
| Wheat Thins Toasted Chips Minis (100 Calorie Pack) | Nabisco         | .77 oz (22g)      |
| Goldfish Baked Snack Crackers (Cheddar)            | Pepperidge Farm | 1 oz (28g)        |
| Goldfish Giant Grahams                             | Pepperidge Farm | .9 oz (26g)       |
| Breakfast Cookie (Oatmeal Raisin)                  | Quaker Oats     | 1.69 oz (48g)     |
| Cereal Bar (Apple Crisp)                           | Quaker Oats     | 1.3 oz (37g)      |
| Chewy Granola Bar (Low Fat Chocolate Chunk)        | Quaker Oats     | .84 oz (24g)      |
| Chewy Granola Bar (Oatmeal Raisin)                 | Quaker Oats     | .84 oz (24g)      |
| Chewy Granola Bar (Peanut Butter Chocolate Chip)   | Quaker Oats     | .84 oz (24g)      |
| Chewy Granola Bar (S-Mores)                        | Quaker Oats     | .84 oz (24g)      |
| Instant Oatmeal (Original)                         | Quaker Oats     | .98 oz (28g)      |
| Quaker Express Oatmeal (Golden Brown Sugar)        | Quaker Oats     | 1.9 oz (54g)      |
| Quaker Instant Oatmeal (Cinnamon & Spice)          | Quaker Oats     | 1.62 oz (46g)     |
| Quaker Instant Oatmeal (Maple & Brown Sugar)       | Quaker Oats     | 1.51 oz (43g)     |
| Quaker Oatmeal Express (Cinnamon Roll)             | Quaker Oats     | 1.9 oz (54g)      |

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Criteria for Vended Food *continued*

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| Quakes Rice Snacks (Caramel Corn)                   | Quaker Oats               | .91 oz (26g)     |
| Snack Mix (Kids Mix)                                | Quaker Oats               | 7/8 oz (24.8g)   |
| Pirate's Booty (Aged White Cheddar)                 | Robert's American Gourmet | 1 oz (28g)       |
| Cascadian Farm Chewy Granola Bar (Chocolate Chip)   | Small Planet Foods        | 1.2 oz (35g)     |
| Honey Wheat Sticks                                  | Snyder's of Hanover       | 2.25 oz (63.8g)  |
| Mini Pretzels                                       | Snyder's of Hanover       | 1.5 oz (42.5g)   |
| Pita Chips (Cinnamon Sugar)                         | Stacy's                   | 1 3/8 oz (38.9g) |
| Pita Chips (Parmesan Garlic & Herb)                 | Stacy's                   | 1 3/8 oz (38.9g) |
| Pita Chips (Simply Naked)                           | Stacy's                   | 1 3/8 oz (38.9g) |
| Soy Thin Chips (Sweet BBQ)                          | Stacy's                   | 1.5 oz           |
| Whales Baked Snack Crackers                         | Stauffers                 | .75 oz (21g)     |
| Low Fat Yogurt (Blueberry)                          | Stonyfield Farm           | 6 oz (170g)      |
| Low Fat Yogurt (Strawberry)                         | Stonyfield Farm           | 6 oz (170g)      |
| YoKids Squeezers Organic Lowfat Yogurt (Strawberry) | Stonyfield Farm           | 2 oz (57g)       |
| Fruit in a Flash Apple Slices                       | Sun Rich Fresh            | 2 oz (57g)       |
| House Recipe Instant Oatmeal (Regular)              | Sysco                     | (56g)            |
| Yogurt (Raspberry)                                  | Upstate Farms             | 4 oz (113g)      |
| Yogurt (Strawberry/Banana)                          | Upstate Farms             | 4 oz (113g)      |
| Fruit Snacks (Reduced Sugar Mixed Fruit)            | Welch's                   | 1.5 oz (43g)     |
| Yoplait (Light Strawberry)                          | Yoplait                   | 6 oz (170g)      |
| Yoplait Light (Harvest Peach)                       | Yoplait                   | 6 oz (170g)      |

