

City of Indianapolis Office of the Mayor



PROCLAMATION

TO ALL WHOM THESE PRESENTS MAY COME, GREETINGS:

WHEREAS, Jump IN for Healthy Kids is a community-wide effort to ensure that children and their families have real opportunities to make smart choices about eating healthy and being active; and

WHEREAS, The “Jump IN Pledge for Healthy Kids” encourages schools, child care providers, youth-serving organizations, employers, faith-based groups and other community organizations to do their part to help kids lead active and healthy lives; and

WHEREAS, Pledge signers agree to serve healthy meals, snacks and drinks; keep kids physically active; teach kids healthy habits; and serve as a role model for these behaviors; and

WHEREAS, Families and children are encouraged to take the “5-2-1-0 Pledge” – to eat five servings of fruits and vegetables daily; spend no more than two hours sitting in front of the TV, computer or smartphone each day; play and be active at least one hour a day; and drink lots of water and zero sugary drinks; and

WHEREAS, All organizations that engage with children are encouraged to “Make the Leap” and take the Jump IN Pledge for Healthy Kids at www.JumpINpledge.org; and

WHEREAS, By working together, we can help Indianapolis become a community where the healthy choice is the easy choice, and where kids grow up healthy and happy.

NOW, THEREFORE, I, JOSEPH H. HOGSETT, MAYOR OF THE CITY OF INDIANAPOLIS, DO HEREBY PROCLAIM MONDAY, FEBRUARY 29, 2016 AS:

MAKE THE LEAP DAY FOR HEALTHY KIDS

In the City of Indianapolis, and I ask all citizens to join me in this observation.



**IN TESTIMONY WHEREOF, I HAVE
HEREUNTO SET MY HAND AND CAUSED
TO BE AFFIXED THE SEAL OF THE CITY
OF INDIANAPOLIS ON THIS 29th DAY OF
FEBRUARY IN THE YEAR TWO
THOUSAND SIXTEEN.**

**JOSEPH H. HOGSETT
MAYOR
CITY OF INDIANAPOLIS**

