THE PLEDGE FOR
Child Care Providers

We support the mission of Jump IN for Healthy Kids, and we pledge to do our part to inspire children, youth and their families to lead healthy lives in our community:

› We will serve healthy meals, snacks and beverages.

› We will ensure that our students are physically active in age-appropriate ways for at least 30 minutes for every half day of care.

› We will model healthy eating habits for our children.

› We will incorporate recommended nutrition and physical activity guidelines into our policies and practices.

› We will encourage parents and caregivers to promote healthy habits at home.

We pledge to be a place where children and their families have real opportunities to make healthy choices in a healthy environment.