



THE PLEDGE FOR *Schools*

We support the mission of Jump IN for Healthy Kids, and we pledge to do our part to inspire children, youth and their families to lead healthy lives in our community:

- › We will serve healthy meals and beverages in our cafeteria.
- › We will promote healthy snacks in our classrooms, vending machines, concession stands and fundraisers.
- › We will ensure that our students are physically active for at least 30 minutes during the school day.
- › We will teach our students to make healthy choices, eat nutritious foods and be physically active.
- › We will encourage parents and caregivers to promote healthy habits at home.

We pledge to be a place where children and their families have real opportunities to make healthy choices in a healthy environment.

School Name

Principal/
Lead Teacher

Date

