



THE PLEDGE FOR *Faith-Based Communities*

We support the mission of Jump IN for Healthy Kids, and we pledge to do our part to inspire children, youth and their families to lead healthy lives in our community:

- › We will encourage healthy food options at community meals and potlucks.
- › We will promote healthy drinks and snacks at our meetings and gatherings, including all programs for children and youth.
- › Where feasible, we will provide access to our fellowship hall, gym or other large rooms to promote recreation and physical activity.
- › We will promote the planting of community gardens on our grounds or in our neighborhood.
- › We will strive to improve the culture of health in our community by modeling healthy behaviors and by encouraging our families and members to make healthy choices.

We pledge to make central Indiana a place where children and their families have real opportunities to make healthy choices in a healthy environment.

Faith-Based Community Name

Leader

Date

