



THE PLEDGE FOR *Child Care Providers*

We support the mission of Jump IN for Healthy Kids, and we pledge to do our part to inspire children, youth and their families to lead healthy lives in our community:

- › We will serve healthy meals, snacks and beverages.
- › We will ensure that our students are physically active in age-appropriate ways for at least 30 minutes for every half day of care.
- › We will model healthy eating habits for our children.
- › We will incorporate recommended nutrition and physical activity guidelines into our policies and practices.
- › We will encourage parents and caregivers to promote healthy habits at home.

We pledge to be a place where children and their families have real opportunities to make healthy choices in a healthy environment.

Child Care Provider Name

Owner/
Executive Director/
Lead Teacher

Date

